



# The Specifier

Regina Chapter Official Newsletter

Committed to educate, connect and lead the design and construction community to achieve excellence in project delivery.

## MARCH 12th Lunch & Learn

[Register HERE](#)

### LUNCH & LEARN

#### Requirements for Healthcare Projects

With Dr. Ankit Kapur

#### LOCATION

The Nest  
2400 13th Ave  
Regina

#### DATE & TIME

March 12th  
12-1pm

#### PROGRAM

Doors Open 11:45  
Lunch 12:00  
Presentation 12:15

Dr. Ankit Kapur is an emergency doctor in Regina and a clinical professor at the University of Saskatchewan. He has a special interest in primary care, addictions, and point of care ultrasound.

He also serves as the Managing Director of the Nest health centre and the previous medical Director for the urgent care centre regina. He currently sits as the president of the Regina medical staff association.

He is a principal in Prairie Consolidated construction a firm specializing in building and consulting on clinical spaces.

\$20 MEMBERS

\$25 NON-MEMBERS



## 2025 Student Dinner

The CSC Regina Chapter held is proud to once again host the annual student dinner for Saskatchewan Polytechnic Architectural Technologies students. This was a great opportunity for the students to connect with our industry representatives.

Thank you to Marshall Tomlinson for organizing our event and to our panelists for sharing their journeys and expertise Rodway Jung, Mike Zurowski, and Piper New.



Also to our sponsors for supporting!

### 2025 Annual Student Fair Dinner Meeting Sponsors:

### CSC in the Community!



This year, our Regina chapter is proud to provide donations to the Regina Humane Society, Regina Food Bank, and Regina Trades and Skills!



#### Director's Note

Happy New Year!  
At the end of January, I attended my 2nd Director's meeting. When arriving in Toronto, it was like seeing old friends. The relationship that you form with all the Directors from the other chapters, as well as the Executive Committee, is one that will last a lifetime. We have a WhatsApp chat where we keep in touch and help each other out between our meetings with any questions.

[Read More](#)



## February Tour

This past month, our members had the opportunity to tour the Redbear Avenue Pumping Station and Reservoirs here in east Regina! Thank you to Westridge Construction for hosting the tour. It was great to see so many members come out and join us for a tour and a social!



## CSC Mentorship program

Please consider joining the CSC's new initiative and gain a wealth of experience and knowledge from the CSC mentorship program! There are opportunities to share and learn from fellow members through this program as a mentor or mentee.

Anyone who would like to tap into this experience and knowledge to further their career, understanding, and contribution to the construction industry, please email David Graham, [david@specs4a.com](mailto:david@specs4a.com).

ASHRAE will be hosting their March meeting on Radiant Heating & Cooling Strategies. Non-members are welcome to attend.

**When:** Wednesday March 19, 2025  
11:45pm – 12:00pm: Arrival  
12:00pm – 1:00pm: Presentation  
1:00pm – 1:30pm: Chapter Mtg

**Where:** University of Regina – College Avenue Campus Room CB 232  
2155 College Ave, Regina, SK S4P 4V5, Canada

Please email ASHRAE president Tyler Gamble ([tyler.gamble@canaturewg.com](mailto:tyler.gamble@canaturewg.com)) to attend.

### **Topic: Radiant Heating & Cooling: Principles, Comfort and Efficiency**

*We will explore the principles behind radiant heating and cooling systems and their impact on thermal comfort and energy efficiency. We'll dive into key design considerations and examine real-world case studies showcasing successful implementations. This session will provide valuable insights into how radiant systems are shaping the future of HVAC.*

### **Presenter: Saeed Danesh – Technical Project Specialist at REHAU**

*Saeed Danesh is a mechanical engineer with more than 17 years of experience in the HVAC industry, specializing in energy efficiency and comfort in high-performance buildings. Saeed holds a bachelor's degree in mechanical engineering and a master's degree in energy engineering, both with a focus on HVAC and renewable energy in commercial buildings. He joined REHAU in 2013, where he has worked on radiant heating and cooling, snow/ice melting, plumbing, district heating and geo-exchange systems in Western Canada. Saeed is an active member of the ASHRAE Technical Committee 6.5 and is currently serving on the advisory team for the "RAD Tool Development," an initiative by the Center for the Built Environment (CBE) at the University of California, Berkeley, to develop an online tool for calculating radiant heating/cooling capacities based on ISO Standard 11855. He also served as the chairman of the Iranian Engineers of British Columbia Association (IEBCA) in 2018.*

## CSC on Instagram!

Follow us @csc\_dcc

Visit us on LinkedIn

## CSC Regina Chapter Content

If you want to get articles, pictures, content, fun facts, etc., posted in our newsletter or if you want to get involved in our chapter but are not sure where to start send us an email to:

[regina@csc-dcc.ca](mailto:regina@csc-dcc.ca)

## Membership & Executive Committee

Be part of the community and build a stronger Saskatchewan. Don't miss out on our activities!

[Executive Committee Page](#)



[Our Company](#) | [Contact Us](#) | [FAQs](#) | [Privacy Policy](#)

[CSC Regina Chapter](#) | [Regina, Saskatchewan](#) | [Regina, SK CA](#)

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!